

# MILK BAR CAFÉ

## COFFEE

LONG BLACK, MACCHIATO, . . . . .	\$3.9
ESPRESSO, DOPIO, PICCOLO	
SHORT BLACK . . . . .	\$3.7
CAPPUCCINO, FLAT WHITE, LATTE	\$4.0
CHAI LATTE, TURMERIC LATTE, . . . .	\$4.0
RISTRETTO	
HOT MOCHA, DIRTY CHAI, VIENA. . .	\$4.5
HOT CHOCOLATE . . . . .	\$4.5

Extras :- \$0.6 for Decaf shot and  
soy, almond, oat, coconut, zmyl milk

## TEAS

ENGLISH BREAKFAST, EARL. . . . .	\$4.5
GREY, CHAI LEAVES,, LEMONGRASS & GINGER OR CHAMOMILE, SPRING GREEN OR PEPPERMINT	

## ICED TEAS

LEMON, PEACH OR RASPBERRY . . . .	\$6.9
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## SPIDERS

EXTRAS: MUSK, BLUE HEAVEN OR LIME	\$0.5
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## MILKSHAKES

(VANILLA ICE CREAM, MILK & SYRUP)	
ORIGINAL SIZE . . . . .	\$6.0
KIDS SIZE . . . . .	\$4.4

## THICKSHAKES

ORIGINAL SIZE. . . . .	\$8.5
KIDS SIZE . . . . .	\$5.9

FLAVOURS: chocolate, vanilla, caramel,  
strawberry, lime, mint, banana, ADD MALT \$0.50

## DELUX THICKSHAKES

NUTELLA, COOKIES N CREAM, . . . .	\$12.0
SPECIAL DELUXE	

## FRESH BLENDS

ORANGE TO BERRY. . . . .	\$7.9
(orange, watermelon & strawberries)	
GREEN . . . . .	\$8.9
(spinach, pineapple, mint, passionfruit, orange & lemon)	
GINGER ZING . . . . .	\$7.9
(ginger, pineapple & orange)	
ORANGE. . . . .	\$5.5

## FRUIT FRAPPES

(TROPICAL JUICE, SORBET, FRUIT &  
ICE)

MANGO & PASSIONFRUIT, . . . . .	\$8.9
PINEAPPLE & MINT, WATERMELON & RASPBERRY	

## WHOLE FRUIT SMOOTHIES

BANANA (banana, honey & cinnamon). . . . .	\$8.5
MANGO (mango & yogurt) . . . . .	\$8.5
MIXED BERRY (mixed berries & honey). . . .	\$8.5
KIDS SIZE SMOOTHIES . . . . .	\$5.9
(Strawberry, banana or mango)	

## SUPER SMOOTHIES

GREEN SMOOTHIE . . . . .	\$11.50
(kale, spinach, mango, banana & coconut water)	
ACAI. . . . .	\$11.50
(acai, berries, banana & coconut water)	
STROFIELD . . . . .	\$9.90
(banana, nutmeg, honey & almond milk)	
ADD Cacao \$0.50	

Whilst every attempt is made to  
accomodate food intolerances and allergies;  
nuts, gluten, dairy & wheat are used daily  
on our premises We are UNABLE to  
GUARANTEE that any item will be  
ENTIRELY FREE OF CONTACT with these  
ingredients.

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## BREAKFAST

### EGGS ON TOAST ..... \$11.9

2 pieces of sourdough, eggs your way

**ADD SIDES:-** black forest Bacon \$4.9,  
Blistered baby tomatoes \$3.9, Haloumi \$4.9,  
Hollandaise \$2.0, Mushrooms \$4.9,  
Homemade tomato relish 2.0 Add wilted  
greens 4.9

### BREKKY BURGER. .... \$10.9

Brioche bun, rasher of black forest bacon, fried  
egg, and hasbrown and bbq sauce.

Add Hollandaise 2.0, Add cheese 1.9

### EGGS BENEDICT ..... \$17.9

Black forest bacon, wilted greens, poached eggs,  
hollandaise on sourdough

Swap bacon for Haloumi, no charge swap out

### SALMON BENEDICT ..... \$18.9

Smoked salmon, wilted greens, poached eggs,  
hollandaise on sourdough

### AVO ON TOAST ..... \$15.9

Smashed avo, marinated fetta, almond crumb  
and lemon

Add:- poached eggs 4.0, Bacon 4.9,  
Haloumi 4.9

### TOASTED SMOKED SALMON. .... \$15.5

#### BAGEL

Smoked salmon, dill cream cheese, cucumber,  
crispy capers and rocket leaves

### PANCAKES AND BERRIES

Buttermilk pancakes, mixed berries compote and  
maple syrup

Add:- (1) rasher bacon \$2.5,  
Vanilla ice cream \$2.0

## LUNCH

### MILK BAR BURGER ..... \$14.5

Beef pattie, aioli, relish, butter lettuce, tomato and  
cheese

Add:- (1) rasher bacon 2.5

### MILK VEG BURGER ..... \$10.9

veg pattie, butter lettuce, tomato, onion, cheese and  
your choice of sauce

Add:- Avo 2.5

### BUFFALO GRILLED CHICKEN... \$16.9 BURGER.

Grilled chicken, buffalo sauce, butter lettuce,  
tomato, red onion, avo

### TEX-MEX CHICKEN TACOS ..... \$18.5

Spiced shredded chicken, pineapple salsa,  
pickled red cabbage, chipotle mayo

### POPCORN CAULIFLOWER ..... \$14.9

crispy cauliflower, pumpkin hummus, lemon  
yogurt, chickpeas, lime

### MILK SUMMER BOWL ..... \$17.9

Quinoa, kale tabouleh, falafel, olives,  
cucumber, pumpkin hummus + flatbread

Add:- poached eggs 4.0, Avo 4.9,  
grilled chicken 4.9

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## FRESH GOURMET SANDWICHES ON WHITE, WHOLEMEAL OR MULTIGRAIN

1. HAM CHEESE TOMATO ..... \$9.9
2. LEG HAM & GRAINY MUSTARD WITH CHEESE, LETTUCE, TOMATO & ONION .... \$11.9
3. ROAST BEEF & RELISH WITH LETTUCE, TOMATO & ONION ..... \$11.9
4. FREE RANGE EGG, MAYO & LETTUCE ..... \$9.9
5. LEG HAM, CHEESE & SUN-DRIED TOMATO ..... \$10.9
6. LEG HAM AND AVOCADO ..... \$10.9

### EXTRAS

Toasted 50c, Cheese \$2.0, Chicken \$2.5, Avocado \$2.5, Single Salad Item \$1.5

## OPEN GRILLS ON TOASTED TURKISH BREAD

1. LEG HAM, CHEESE & PINEAPPLE ..... \$11.9
2. CHEESE, OLIVES, SUN-DRIED TOMATO, MUSHROOM, CREAM CHEESE & ONION \$12.9
3. BACON, CHEESE & BANANA ..... \$13.5
4. CHICKEN, TASTY CHEESE AND PINEAPPLE..... \$12.9
5. BACON, CHEESE & PINEAPPLE ..... \$13.5
6. SATAY CHICKEN, CHEESE, ONION..... \$13.5

## TOASTED TURKISH BREAD

1. MARINATED EGGPLANT, SUN-DRIED TOM., OLIVES, MUSHROOMS, PESTO & FETA \$13.9
2. LEG HAM, BRIE, TOMATO, ONION & AIOLI ..... \$12.9
3. CHICKEN, CHEESE, MAYO, LETTUCE, TOMATO & CUCUMBER ..... \$12.9
4. SMOKED SALMON, CREAM CHEESE, CAPERS, LETTUCE & AIOLI ..... \$12.9
5. B.L.T. - BACON, LETTUCE & TOMATO ..... \$13.9

## ASSORTED WRAPS

1. SALAD ..... \$10.9
2. CHICKEN AND SALAD ..... \$12.9

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